

SEA GODS

Measurement Guide:

Don't worry if you're not a professional tailor, you can do this. Grab a friend, a pencil, the customer chart, two magazines and a soft measuring tape (not metal) and just follow these easy steps.

For the person being measured:

1. Wear a swimsuit, preferably the same type of suit you wear when diving.
Be patient with the person measuring you, it will take a few minutes and we want to get it right.
2. Stand up straight, with your legs slightly apart.
3. Breathe in and hold your breath while the bust, chest, waist and stomach measurements are taken.
4. Face straight ahead, keeping your eyes and head level. It is very important that you not look down, as this will create an error in some of the measurements.

It cannot be overemphasized: LOOK STRAIGHT AHEAD!

Note: If you wear your diving booties under your wetsuit, measure with your boots on.

For the person doing the measuring:

1. Make sure you have everything you will need before you start: a pencil, the printed customer chart (see below), two magazines and, of course, patience. Take a deep breath and take your time. Remember the old adage, it's best to measure twice and cut once!

You should fill in the customer chart as you go, don't trust your memory.

2. Arm and leg measurements should be taken on the dominant side.
3. Measurement tape should be snug, neither loose nor tight.
4. Many of the measurements connect from one point to the next. You can leave one end of the measuring tape in place as you advance to the next measurement.
5. Take the time to mark the measurement point on the body.
This can be done with a felt-tip pen, masking tape or chalk.
6. Take special care when marking the crotch point / inside leg. Ask the person being measured to hold a magazine between their legs and then place a second magazine horizontally across this. At the point where the second magazine intersects the first, make a dot. This dot designates the crotch / inside leg point. It is extremely important that the person being measured stands up straight while this (and all) measurements are taken.
7. Use the illustrations below to help you and contact us at anytime if you need assistance.

**Once again, remember ... measure twice and cut once!
The key to a perfect fitting wetsuit is the measurement.**

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Step-by-step guide to taking the measurements page 1:

1. Total Body Height:

measure the straight line from the top of the head to the sole of the foot

2. Head:

measure the circumference of the head, placing the measuring tape above the eyebrows

3. Neck:

measure the circumference of the neck at the point where a blouse or shirt collar falls

4. Bust / Chest:

measure the circumference of the bust or chest at its largest point

5. Waist:

measure the circumference of the waist at its smallest point

6. Stomach:

measure the circumference of your belly (if you have one!)

7. Abdomen:

measure the circumference of the abdomen

8. Hip:

measure the circumference at the biggest part of the hips

9. Shoulder:

this is a slightly curved measurement, from the collar to the shoulder joint

10. Shoulder to Elbow:

measure the straight line from the shoulder to the elbow

11. Shoulder to Wrist:

measure the straight line from the shoulder to the wrist

12. Armhole:

measure the circumference of the armpit

13. Upper Arm:

measure the circumference of the smallest part of the upper arm / biceps

14. Biceps:

measure the circumference of the biggest part of the upper arm / biceps

15. Elbow:

measure the circumference of the elbow joint

16. Forearm:

measure the circumference of the biggest part of the forearm

17. Wrist:

measure the circumference of the wrist

18. Outside Leg Length:

measure the straight line from your abdomen to your ankle

19. Inside Leg Length:

measure the straight line from the crotch point to the ankle. Please see note 6 from "for the person doing the measuring" above as it's very important to get this one right!

Step-by-step guide to taking the measurements page 2:

20. Upper Thigh:

measure the circumference of the thigh near the crotch point

21. Thigh:

measure the circumference of the middle part of the thigh

22. Above Knee:

measure the circumference above the knee joint

23. Knee:

measure the circumference of the knee joint

24. Below Knee:

measure the circumference below the knee joint

25. Calf:

measure the circumference at the biggest part of your calf

26. Below Calf:

measure the circumference at the calf muscle

27. Ankle:

measure the circumference of the ankle

28. Shoulder to Bust/Chest Length:

measure the straight line, following the contour of the body, from the shoulder to the chest

29. Shoulder to Waist Length:

measure the straight line, following the contour of the body, from the shoulder to the waist

30. Shoulder to Hip Length:

measure the straight line, following the contour of the body, from the shoulder to the hip

31. Hip to Knee Length:

measure the straight line from the hip to the knee

32. Knee to Ankle Length:

measure the straight line from the knee to the ankle

33. Back shoulder:

measure across the back from shoulder joint to shoulder joint

34. Dorsum:

measure across the back from armpit to armpit

35. Crotch Point:

measure the circumference around the crotch and over the shoulder
(VERY important to get this one right)

36. Boot Size:

37. Glove Size:

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Taking your Measurements

Customer Details

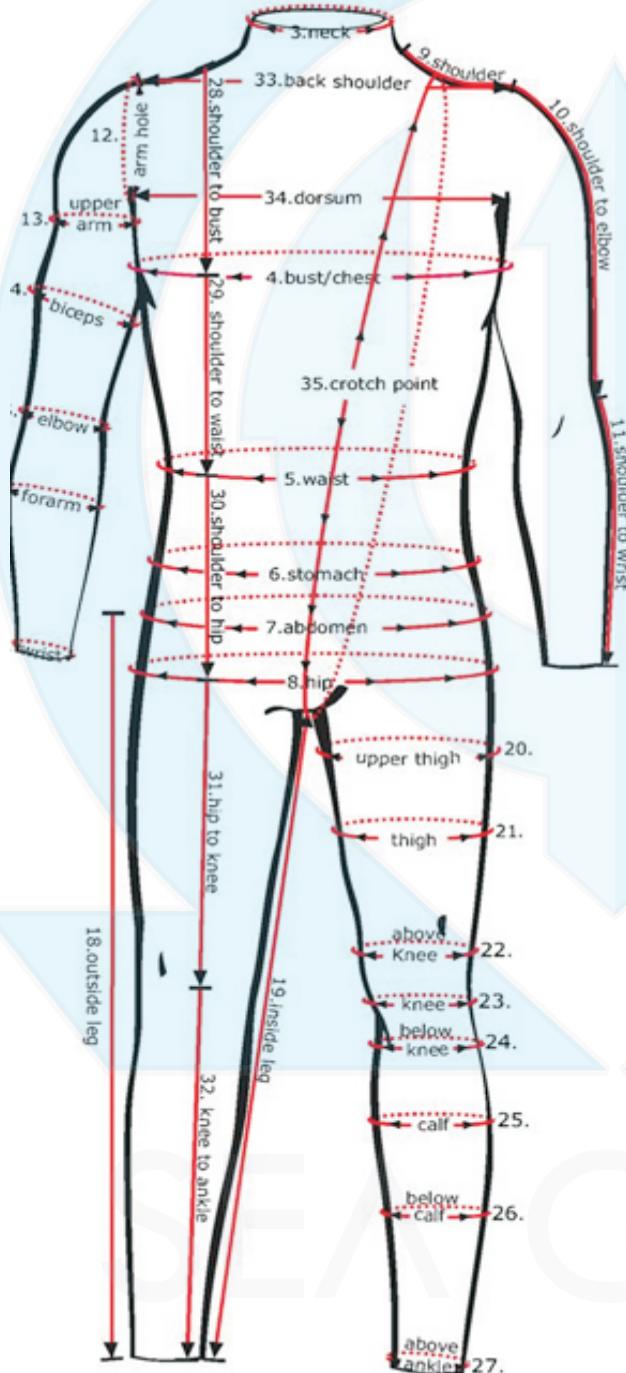
Mrs./Mr.:

Home Address:

City:

Country:

E-Mail:



1. Total Body Height cm
2. Head cm
3. Neck cm
4. Bust / Chest cm
5. Waist cm
6. Stomach cm
7. Abdomen cm
8. Hip cm
9. Shoulder cm
10. Shoulder to Elbow cm
11. Shoulder to Wrist cm
12. Arm Hole cm
13. Upper Arm cm
14. Bicep cm
15. Elbow cm
16. Forarm cm
17. Wrist cm
18. Outside Leg Length cm
19. Inside Leg Length cm
20. Upper Thigh cm
21. Thigh cm
22. Above Knee cm
23. Knee cm
24. Below Knee cm
25. Calf cm
26. Below Calf cm
27. Above Ankle cm
28. Shoulder to Bust Length cm
29. Shoulder to Waist Length cm
30. Shoulder to Hip Length cm
31. Hip to Knee Length cm
32. Knee to Ankle Length cm
33. Back Shoulder cm
34. Dorsum cm
35. Crotch Point cm
36. Boot Size
37. Glove Size

